

Neighbourhood news

Our latest news and favourite moments



Nanyima
AGED CARE COMMUNITY

April 2026

From the Manager



Bien Stirling

Here at Nanyima, it's our privilege to care for residents who call our community home and to support them to find happiness, meaning and fulfilment.

Our meaningful Lifestyle program includes activities that support purpose, preserve independence and encourage social interaction. In this edition, you can read more about our Lifestyle program, the dedicated Lifestyle team and some of the recent activities we've enjoyed.

We've also been having rectification works on some of the ceilings, replacing some walls, and repainting our foyer, main lounge and main dining rooms. Thank you for your patience while we complete these refurbishments.

We're excited to commence the construction of our new 28-bed Memory Support Household and we look forward to sharing progress updates with you.

Enjoy!



Mural magic – our morning in Mackay

We enjoyed a cheerful, colourful morning out in the heart of Mackay recently, sparking some nostalgic reflections about the city's evolution over time.

First stop was The Coffee Club where residents found themselves reminiscing about the Mackay of their youth. The location sparked the conversation – the café stands where the Oriental Hotel and Batros Store operated before fire destroyed both buildings. Batros played a central role in helping families set up their homes, selling everything from Manchester and haberdashery to menswear.

After coffee, the group strolled through the Mackay Laneway Project's circuit of murals and art installations. Pausing to admire the stunning artwork and, of course take fun snaps, the conversation about the changes to the city continued.

As one resident put it, "It's lovely to see how the city has grown, but even better to share the memories of how it once was."

Manager, Bien, says Nanyima has been an integral part of the region for over three decades, with most residents hailing from the area. "Our team prides itself on planning outings that help residents maintain connection to the people and places they love," she says.

Annual Leadership Retreat building a stronger future



Managers from Apollo Care's alliance of communities came together for two days to reflect on our journey so far, and plan for the future.

With the new Aged Care Act now in place, it was an opportune time to share learnings and insights on how we are continuing to meet and exceed the Strengthened Aged Care Quality Standards. Key topics of the retreat focussed on how each community is improving resident care and wellbeing services, as well as building staff engagement through a positive culture.

Apollo Care CEO, Stephen Becsi, said the event "was a special time to celebrate the past six years and discuss how we are working hard to support residents and clients to live their best lives".

Bien Stirling, Nanyima's Manager said, "I look forward to applying my learnings from the retreat at Nanyima, especially around supporting staff wellbeing, and continuing to build a positive culture where residents and staff feel valued and supported. We have an amazing team of experts working with us to further enhance the quality of care and the sense of community".

Feedback

Feedback from residents and families is important to us so we can make positive changes.

We also love hearing when we're doing something well. To provide feedback, you can:

1. Tell us in person
2. Fill out a feedback form (located in each lounge room), and place in the mailbox outside the Manager's office, or hand it to a staff member
3. Email Apollo Care's Chief Governance Officer at feedback@apollocare.com.au

Thank you

"Thank you to all the staff for the amazing care provided to our Mum. We're so grateful."

Family of resident



Bargain hunting brings big smiles

It was another lively day out for a group of residents recently who visited the Salvation Army Family Store for a day of op shopping.

Arranged at the request of the residents, the group first enjoyed lunch at Annie's Nursery, followed by a browse through the gorgeous greenery.

Then the shoppers hit the op shop treasure trove. Packed floor to ceiling with unique goodies, there was a lot to discover. There were oohs, aahs and some giggles as the group explored the vast range of offerings, finding lots of trinkets and pre-loved goodies. There was something for everyone!

"It was an amazing day," said Meryl. "I bought two pairs of quirky pants that I'm excited to wear."

"You just don't find these interesting and different things in the real shops," agreed Gloria. Yvonne declared, "I'd go op shopping every day if I could - it's so much fun!"



Joining hands with younger generations

Residents recently warmly welcomed the children from Wonder Kids Early Learning to celebrate Harmony Day and continue to build meaningful intergenerational connections.

Laughter filled the room as residents, staff and students worked side-by-side to create a striking orange “Harmony Tree” – a symbol of the strength created with unity and diversity. They supported each other to carefully trace their hands, cut them out and then personalise and decorate them before attaching each ‘leaf’ to the tree.

Lifestyle Lead, Tanya, says the ongoing relationship with Wonder Kids bridges generations, encourages laughter and learning for all and, most of all, builds special bonds.

“It’s lovely to see the animated conversations as the children and residents work and play together,” she says.



Three things I love

The three things Alan loves about living at Nanyima:

1. Being supported to keep connections with my loved ones – I’m so grateful I’m able to have an adjoining room to my wife, Dawn.
2. The friendly and caring staff – they’re here to help whenever I need.
3. The wide range of activities – I especially like the musical entertainers.



Family always welcome

At Nanyima, we love helping residents stay connected to their loved ones.

There are plenty of welcoming indoor and outdoor spaces where residents can enjoy spending time together with family and friends.

Resident Kate’s sister, Sue, and other family members visit regularly. “We’re a family who loves having fun with each other,” she says laughing. Sue agrees, adding that she is grateful seeing how happy Kate seems at Nanyima. “The staff are so welcoming. I enjoy joining in the activities when I can, especially the musical ones. It’s wonderful to see Kate dancing to the music.”



Staff profile



Meet the team bringing purpose and possibility to every day

Our Lifestyle team is dedicated to ensuring residents continue to live with meaning and connection.

“The Lifestyle Program is thoughtfully designed with input from residents,” says Tanya, Lifestyle team leader. “We make sure we include a wide range of meaningful group activities and individual engagement, considering physical movement, social and community connection and cultural celebration.”

“Our focus is on providing choice, promoting independence and creating a sense of belonging, while ensuring the activities are inclusive and accessible. It’s important to us to see residents happy and enjoying themselves. And we actively seek their feedback on every activity,” she adds.

Marianne, Apollo Care’s National Lifestyle Co-ordinator, says the approach is deeply personal.

“Every person has a story that deserves to be known and honoured. It’s about understanding their journey and helping them continue to shape it. Our teams intentionally design programs that support reablement, wellbeing and meaningful engagement. Each experience is carefully planned to maintain skills, build confidence and encourage independence. Through thoughtful adaptations and inclusive practices, we ensure residents can participate in activities that feel empowering and meaningful so they can thrive!

Marianne runs a forum that brings together Lifestyle Leads from all 14 Apollo Care communities to share fresh ideas and explore solutions. This teamwork ensures programs remain innovative and aligned with best practice in aged care engagement.

Favourite moments

